

Where to Reach Us

About Us

www.theandrologycentre.co.uk



LIFE AFTER
PROSTATE
SURGERY

The **Life after Prostate Surgery (LAPS) Clinic** was developed by Maj Shabbir & Arun Sahai, Consultant Urologists at Guy's Hospital, leaders in the field of Andrology and Functional Urology. This new clinic is based on their Award Winning Post Prostate Surgery (PPS) Project, which they launched at Guy's Hospital in 2019. This International, Multi-award winning project redefined the way patients are managed after Robotic Radical Prostatectomy, focussing on taking a proactive approach, even before surgery, and optimising the speed and extent of functional recovery after robotic surgery. Their work helps men achieve their maximal potential of returning to life as normal after all types of prostate cancer treatment using the latest evidence based therapy.



Maj Shabbir

Consultant Urological Surgeon
Guy's Hospital
Honorary Reader, King College
London
Past National Chair British
Association of Urological Surgeons
(BAUS) Section of Andrology



Arun Sahai

Consultant Urological Surgeon
Guy's Hospital
Honorary Reader, King College
London
Past National Chair British
Association of Urological Surgeons
(BAUS) Section of Functional Urology



Helping you achieve
optimal recovery
after
Prostate Cancer Therapy



THE ANDROLOGY
CENTRE
@ The Shard

Life after Prostate Surgery (LAPS) Clinic

+44 7889 318584

jeanette.bush@HCAhealthcare.co.uk

HCA @ The Shard, 32 St. Thomas Street
London SE1 9BS

Sexual Consequences

All prostate cancer treatments can affect sexual function in different ways and to different extents. Here at the LAPS Clinic we can give you **independent advice** on the impact of treatment on sexual function, and **explore options to proactively manage this from even before your cancer treatment.**



While there is often a big focus on erectile dysfunction after prostate cancer treatment, this is only one of the possible sexual consequences men may experience. Other issues include

- loss of penile length
- development of a curvature in the penis (Peyronie's Disease)
- loss of ejaculation
- loss of the ability to have children with intercourse
- painful ejaculation
- Climacturia (leak of urine at the time of orgasm)

At the LAPS Clinic, our team can talk you through options to manage and mitigate these issues, **including ways to preserve your fertility and can offer reconstructive or penile implant surgery if needed for the most complex issues.**

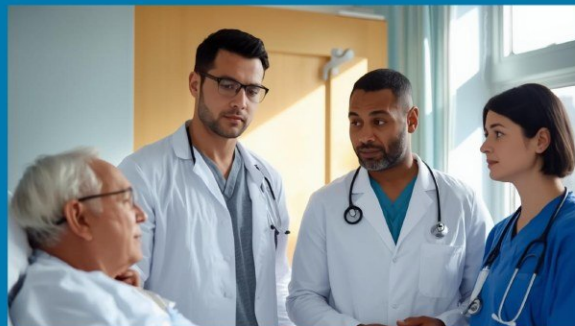
Urinary Consequences

All treatments for prostate cancer have the potential to affect how you pass urine, and in particular the control of your bladder. This can lead to issues such as **incontinence (leakage of urine).**

Taking a proactive approach, starting even before your surgery, the team at the LAPS Clinic can identify aspects of your body and health that can make you more likely to have issues, and generate **bespoke, evidence based plans** that change with your needs, to guide you to the **quickest recovery.**

For those that develop problems that require more input, we are able to provide whatever treatment is needed, including

- **Physiotherapy & Biofeedback** for Pelvic Floor Exercises
- **Surgical treatment for Urethral strictures and Bladder Neck Stenosis, including the latest technology and reconstructive techniques**
- **Artificial Urinary Sphincters (AUS) & Male slings** for significant urine leaks
- **Botox/Neuromodulation** for bothersome bladder symptoms
- **Laser Treatment of Radiation Induced Haematuria** (blood in urine)



Let Us Help

Our multi-disciplinary team of **dedicated specialists are internationally recognised experts in their field** who work with Prostate Cancer Surgeons and Oncologists. Our Team includes;

- **Consultant Urologists with a specialist interest in Andrology** (Men's Health including the medical and surgical management erectile and ejaculatory dysfunction, Peyronie's disease, urethral strictures and infertility)
- **Consultant Urologists with a specialist interest in Functional Urology** (issues with bladder function and incontinence, including the surgical management of these conditions)
- **Consultant Urologists with a specialist interest in Prostate Surgery and Bladder Cancer surgery**
- **Clinical Nurse Specialists, Physiotherpists and Pyschosexual Counsellors**

